Smoke-Free Public Housing

Health Observances to Promote Policies and Tobacco Cessation

**January**

New Year’s Resolutions (Quitting Season): <http://www.quitlinenc.com>

Tobacco-Free Awareness Week: <https://www.cdc.gov/tobacco/data_statistics/fact_sheets/cessation/quitting/index.htm>

**February**

American Heart Month: <https://www.cdc.gov/tobacco/campaign/tips/diseases/heart-disease-stroke.html>

National Cancer Prevention Month: <https://www.cdc.gov/tobacco/campaign/tips/diseases/cancer.html>

Through With Chew Week: <https://www.killthecan.org/>

National Burn Awareness Week: <http://www.nfpa.org/news-and-research/fire-statistics-and-reports/fire-statistics/fire-causes/smoking-materials>

**March**

Kick Butts Day: <http://www.kickbuttsday.org/>

**April**

Earth Day: <https://quitsmokingcommunity.org/the-environment-vs-cigarettes/>

**May**

World Asthma Month: <http://www.aafa.org/page/social-media-tools.aspx>

World Asthma Day: <http://www.asthma.ncdhhs.gov/docs/SecondhandSmokeandYourChildsAsthma.pdf>

Older Americans Month: <https://www.cdc.gov/aging/index.html>

World No Tobacco Day: <http://www.who.int/tobacco/wntd/previous/en/>

**June**

Cancer Survivorship Day (June 4, 2017): <https://www.cdc.gov/tobacco/data_statistics/sgr/50th-anniversary/pdfs/fs_smoking_cancer_508.pdf>

HUD Healthy Homes Month: <https://www.cdc.gov/features/smokefree-home/>

National Safety Month: <https://www.usfa.fema.gov/prevention/outreach/smoking.html>

**September**

World Heart Day: <http://www.world-heart-federation.org/what-we-do/world-heart-day/>

**October**

Fire Prevention Week: <http://www.no-smoke.org/pdf/dangers-of-e-cigarettes.pdf>

Red Ribbon Week: <http://redribbon.org/>

**November**

Great American Smokeout: <https://www.cdc.gov/tobacco/campaign/tips/stories/>